دکتر مهدی افشاری

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- **پزشک، دکترای PhD اپیدمیولوژی**

سوابق تحصیلی

- فارغ التحصیل رشته پزشکی عمومی از دانشگاه زاهدان 1379
- فارغ التحصیل رشته دکترای تخصصی اپیدمیولوژی از دانشگاه کرمان 1392

سوابق اجرایی:

- مسئول مرکز مبارزه با سل و focal point سل در دانشگاه علوم پزشکی زابل
- مدیرگروه واحد کنترل بیماریهای معاونت بهداشتی دانشگاه علوم پزشکی زابل
- مدیر درمان دانشگاه علوم پزشکی زابل
- رئیس بیمارستان سیدالشهدا ع زهک
- عضو هیئات تحریریه مجله علمی پژوهشی رستمینه دانشگاه علوم پزشکی زابل
- عضو مرکز تحقیقات مدلسازی در سلامت پژوهشکده آینده پژوهشی در سلامت دانشگاه علوم پزشکی کرمان
- عضو شورای پژوهشی دانشگاه علوم پزشکی زابل
- عضو شورای آموزشی دانشگاه علوم پزشکی زابل
- دبیر کمیته موارد خاص دانشگاه علوم پزشکی زابل
- عضو شورای راهبردی دانشگاه علوم پزشکی زابل
- عضو کمیته راهبردی سلامت سالمندان دانشگاه علوم پزشکی زابل
- عضو هیئت رئیسه و scientific committee هفتمین کنگره بین المللی سل مهر 1394.
- مشاور علمی در طراحی و تنظیم سند کنترل بیماریهای غیر واگیر ایران در بازه زمانی 2010 تا 2025.
- رییس دانشکده بهداشت دانشگاه علوم پزشکی زابل

- **سمتهای فعلی**

- مدیرکل آموزش دانشگاه علوم پزشکی زابل

سوابق آموزشی:

- مدرس دانشگاه علوم پزشکی زابل
- مدرس دانشگاه آزاد اسلامی واحد زابل
- مدرس دانشکده های بهداشت، پزشکی و پرستاری دانشگاه علوم پزشکی کرمان
- مدرس کارگاه کشوری آمار و اپیدمیولوژی
- برگزار کننده کارگاههای آموزشی در معاونت آموزشی و EDC، معاونت پژوهشی و معاونت بهداشتی دانشگاه علوم پزشکی زابل
- نماینده تام الاختیار دانشگاه علوم پزشکی زابل در برگزاری آزمون جامع پیش کارورزی و علوم پایه در شهریور 1393
- طراح سوالات آزمون جامع پیش کارورزی و علوم پایه پزشکی در شهریور 1393

لیست مقالات خارجی

- Estimation of annual risk of tuberculosis infection and disease in southeast of Iran using Bayesian mixture method (IRCMJ)
- Comparing the results of cut-off method, anti-mode method and mirror image method in estimating the prevalence of tuberculosis infection(Healthmed Journal)
- Prevalence of smoking in northwest of Iran: A meta-analysis (Electronic Physician)
- Individual Patient Data Meta-Analysis of the Smoking Prevalence in Mazandaran Province of Iran (IRCMJ)
- The trend of governmental support from post-graduated Iranian students in medical fields to study abroad (IJPH)
- Comparing direct, network scale up, and proxy respondent methods in estimating risky behaviors among collegians (Journal of substance use)

- Individual Patient Data Meta-Analysis of the prevalence of overweight and obesity in northern Iran(NCD Risk Factors- STEPS Study)(Healthmed Journal)

- Endothelial Nitric Oxide Synthase Glu-Asp298 Polymorphism as a Risk Factor for Prostate Cancer (Journal of Biological Markers)

- Association of oral health conditions as a cardiovascular disease risk factor (CVDRF) with other CVDRFs: Results from a community based study on 5900 adult subjects (ISRN Cardiology)

- Association of G/A polymorphism, rs266882, in AREI region of the PSA gene on prostate cancer risk (Cellular and Molecular Urology)

- Cohort profile: The study of coronary artery disease risk factors in Kerman (KERCADR study): Methodology and preliminary report (IJPH)

- Association of Angiotensin-Converting–Enzyme (ACE) polymorphism as genetic risk factor in Benign Prostatic Hyperplasia and Prostate Cancer (Int J Biological Markers)

- Epidemiology of Diabetes Mellitus, Pre-Diabetes, Undiagnosed and Uncontrolled Diabetes and Its Predictors in General Population Aged 15 to 75 Years: A Community-based Study (KERCADRS) in Southeastern Iran (Journal of Diabetes)

- Hypertension, Pre-Hypertension, Undiagnosed and Uncontrolled Hypertension and its Predictors in General Population Aged 15 to 75 Years: A Community-based Study in Southeastern Iran (Iranian Journal of Public Health).

- Association of Polymorphisms at *LDLR* Locus with Coronary Artery Disease Independently from Lipid Profile (Acta Medica Iranica).

- Prevalence of Dyspepsia and its Associated Factors Among the Adult Population in Southeast of Iran in 2010(IRCMJ).

- Predictive factors of death in patients with tuberculosis: a nested case–control study (Eastern Mediterranean Health Journal).

- Effects of opium consumption on coronary artery disease risk factors and oral health: Results of Kerman Coronary Artery Disease Risk factors Study a population‐based survey on 5900 subjects aged 15-75 years (International Journal of Preventive Medicine).
- Sleep Status and its Relationship with Other Coronary Artery Diseases Risk Factors: Findings of a Community-based Study in South East of Iran (Journalof sleep disorders and therapy).

- Genetic Polymorphism of MMP2 Gene and Susceptibility to Prostate Cancer (Archives of Medical Research).

- Prevalence of Enuresis and its Related Factors among Children in Iran: A Systematic Review and Meta-analysis (International Journal of Pediatrics).
- Prevalence of head lice infestation and its associated factors among primary school students in Iran: A systematic review and Meta-analysis (Osong Public Health and Research Perspectives).
- Implementation of Hepatitis Information Management System in Iran (Global Journal of Health Science).
- Competing Risk Analyses of Patients with End-Stage Renal Disease (Electronic Physician).

- Outcomes of High-Risk Pregnancies in Northern Iran: Multivariate Logistic Regression Model (Iranian Journal of health Sciences).
- Quality of life in patients with Type 2 Diabetes (Scholars Research library).
- Quality of life related to health in the elderly or rural health care centers.
- A SYSTEMATIC REVIEW OF THE WORKLOAD OF NURSES IN INTENSIVE CARE UNITS USING NAS (Acta Medica Mediterranea).
- Epidemiological study of Toxocariasis in children under 14 years old and dog in Zabol and Chabahar districts, southeast of Iran (Iranian journal of parasitology).
- Meta‐analysis of the Prevalence of *Helicobacter Pylori* Infection among Children and Adults of Iran (International journal of Preventive Medicine).
- Human papillomavirus and breast cancer in Iran: a meta- analysis (Iranian Journal of Basic Medical Sciences).
- Comparing seasonal pattern of laboratory confirmed cases of pertusis with clinically suspected cases (Osong Public Health and Research Perspectives).
- Comparison of the Combined based with the mannequin based simulation models in self efficacy, performance and satisfaction of nursing students on Cardiopulmonary Resuscitation (*Asian J. Nursing Edu. and Research 6(1): January -March 2016).*

- APPRAISAL OF ACCESS TO DENTAL SERVICES IN SOUTH EAST OF IRAN USING FIVE AS MODEL (Mater Sociomed. 2016 Jun; 28(3): 196-200).

- Epidemiological and clinical aspects of patients with hydatid cyst in Iran(Journal of Parasitic diseases ISSN 0971-7196 J Parasit Dis DOI 10.1007/s12639-016-0803-4)

- Prevalence of Non-alcoholic Fatty Liver Disease and Its Related Factors in Iran (International Journal of Organ Transplantation Medicine)

- COMPARISON BETWEEN SUBLINGUAL AND VAGINAL ROUTE OF MISOPROSTOL IN MANAGEMENT OF FIRST TRIMESTER MISCARRIAGE MISSING (Mater Sociomed. 2016 Aug; 28(4): 271-273)

- An Evaluation of Happiness and Factors affecting it in Patients Diagnosed with Breast Cancer (Scholars research library)
- Comparison of the Effects of Foot and Hand Reflexology Massages on Stress and Anxiety in Candidate Patients Undergoing Upper Gastrointestinal Endoscopy (International Journal of Pharmaceutical and Clinical Research 2016; 8(8): 1254-1259).

- The prevalence of herpes simplex virus type 1 and 2 infection in Iran: A meta-analysis (***Int J Reprod BioMed Vol. 14. No. 10. pp: 615-624, October 2016)***

- Effectiveness of Teach-Back Self-Management Training Program on Happiness of Breast Cancer Patients (Asian Pac J Cancer Prev, 17 (10), 4555-4561. October 2016, vol 17).

- Association of XPC Gene Polymorphisms with Prostate Cancer Risk (Clinical Laboratory)

- The prevalence of low physical activity in an urban population and its relationship with other cardiovascular risk factors: Findings of a community-based study (KERCADRS) in southeast of Iran (Arya Atherosclerosis Sep. 2016).

- The Effects of Spiritual Self-Care Training on Caregiving Strain in Mothers of Mentally Retarded Children (Journal of clinical and diagnostic research. Dec 2016).
- Investigating the relationship between caregiver burden and demographics among the mothers of children with intellectual disability (Der Pharmacia Lettre 2016).
- Epidemiological Study of Toxocar canis in Children under 14- Years-Old and Dogs in Zabol and Chabahar Districts, Southeast of Iran (Iranian journal of parasitology, Jan 2017).
- Estimating Tuberculin Skin Test Reactions among Children and Teenagers Who received the Bacillus Calmette-Guerin Vaccination at Birth: A Meta-analysis (Osong public health research perspectives, Feb 2017).
- Prevalence of familial multiple sclerosis in Iran: A systematic review and meta-analysis (Iranian journal of neurology, 2017).

- Prevalence of fibromyalgia in general population and patients, a systematic review and meta-analysis (Rheumatology international)
- Methadone Replacement Therapy and Sexual Disorders among Opium Dependent Iranian Men: A Meta-Analysis Study (Addict Health, Winter 2017; Vol 9, No 1).
- Association between matrix metaloproteinases 2-1306 C/T polymorphism and the risk of coronary artery disease in Iranian population **(Accepted)**
- Prevalence of Enterobius vermicularis among children in kindergartens and primary schools in Iran: A systematic review and meta-analysis (Osong 2017).
- Prevalence of hepatitis B virus infection among pregnant women in Iran: A systematic review and meta-analysis (Iranian journal of cancer prevention, 2016, **ISI**)

- Comparing Blood Lead Level among Oral/inhaled Opium Addicts with a Non-addict Control Group in the Southeast of Iran (2017- Pubmed).
- Association Between NAT2 Polymorphisms and Prostate Cancer (Iranian journal of cancer prevention, Feb 2017, **ISI**).
- Efficacy of L1 protein vaccines against cervical and vaginal cancer: A systematic review and meta-analysis (Iranian red crescent medical journal, 2017).
- Clinical and epidemiological aspects of multiple sclerosis in children (Iranian journal of Child neurology, 2017**, ISI/Pubmed**).
- Seroprevalence of cytomegalovirus antibodies and primary infection among women and infants in Iran: A meta-analysis (Iranian journal of cancer prevention, 2017, **ISI**).
- Opium and bladder cancer: A systematic review and meta-analysis of the odds ratios for opium use and the risk of bladder cancer (PLOS1, June, 6, 2017).
- Prevalence of anti-toxoplasma IgG and IgM in hemodialysis patients comparing to healthy individuals in Sistan area, Iran.(Journal of Nephropharmacology, 2017).
- Comparison of the Effectiveness of Intra-Articular Injections of Hyaluronic Acid and Corticosteroid in the Treatment of Patients with Knee Osteoarthritis Symptoms (Orthopedics and Rheumatology, 12 May, 2017).
- Prevalence of restless legs syndrome in pregnant women: a meta-analysis (Sleep and Biological Rythms)
- Acute Hepatic Allograft Rejection in Pediatric Recipients: Independent Factors (International Journal of Organ Transplantation Medicine- 2017)
- Decline in lung function among cement production workers: a meta-analysis (Rev Environ Health 2017).
- Spontaneous rupture of continent cutaneous urinary diversion after 25 years- a case report. (Journal of Renal Injury Prevention. 19 Nov 2016- Pubmed).
- Inflammasomes and type 2 diabetes: An updated systematic review (Immunology letters. December 2017- ISI, IF:2.86).
- The impact of diabetics and smoking on gender differences of smear positive pulmonary tuberculosis incidence (Indian journal of Tuberculosis, Nov. 2017, **Pubmed**).
- Glucose Oral Solution as A Pain-Relieving Agent In Infantile Colic: A Double Blinded Randomized Clinical Trial (International journal of pediatrics, Dec 2017).
- Family history of diabetes and the risk of gestational diabetes mellitus in Iran: A systematic review and meta-analysis (pubmed).

- Estimating the prevalence of Positive Tuberculin Skin Test Reactions in General Population and High-risk Groups: A Meta-analysis (International journal of preventive medicine. Nov 2017).
- Vitamin D and fibromyalgia: a meta-analysis (Korean journal of pain, 2017).
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- Efficacy of Human Papillomavirus L1 Protein Vaccines (Cervarix and Gardasil) in Reducing the Risk of Cervical Intraepithelial Neoplasia: A Meta-analysis (Int J preventive medicine).
- The Prevalence of Cervical Human Papillomavirus Infection and the Most At-risk Genotypes Among Iranian Healthy Women: A Systematic Review and Meta-analysis (International Journal of Preventive Medicine).

- Determinant factors for mortality during treatment among tuberculosis patients: Cox proportional hazards model

کتابها و مقالات فارسی

مقالات:

- بررسی اثر ضد قارچی اسانس گیاهان دارویی بر رشد قارچ آسپرژیلوس فلاووس و تولیدآفلاتوکسین B1در پسته (مجله علمی پژوهشی دانشگاه علوم پزشکی زابل)
- بررسی اثر میدان مغناطیسی ایستا بر رشد قارچ آسپرژیلوس فلاووس و تولید آفلاتوکسین B1 (مجله علمی پژوهشی دانشگاه علوم پزشکی زابل)
- اندیشه های پزشکی مولانا در مثنوی معنوی (مجله درمانگر)
- بررسی میزان فراوانی علائم سندرم روده تحریک پذیر IBS در دانشجویان رشته ی پزشکی دانشگاه علوم پزشکی زابل در سال 92 (مجله دانشگاه علوم پزشکی زابل)
- تبیین وضعیت نظام مراقبت عفونت بیمارستانی در ایران، یک مطالعه کیفی (مجله تحقیقات کیفی در علوم سلامت)

کتابها:

- نقش مردم و سازمانها در مقابله با بحران آنفلوآنزا

- تحلیلی بر اپیدمیولوژی سل شهرستان زهک
- اپیدمیولوژی بیماریهای شایع منطقه سیستان

شرکت در کنگره ها:

- کنگره بین المللی دانش اعتیاد (2014) ارائه مقاله با عنوان:

Comparing direct, network scale up, and proxy respondent methods in estimating risky behaviors among collegians (Journal of substance use)

- کنگره اپیدمیولوژی کرمان (1385): ارائه مقاله با عنوان: *بررسی نقش هموژنیزاسیون نمونه خلط بیماران مسلول شهرستان زابل در مثبت شدن آن از نظر باسیل سل)*
- کنگره سل سنندج (**1386**): ارائه مقاله با عنوان: *بررسی شیوع عفونت HIV در بیماران مسلول پرخطر زابل در سال 1385.*
- جشنواره آموزشی کشوری شهید مطهری (1393): ارائه فرآیند با عنوان: *تاثیر استفاده از راهنمای یادگیری عملکرد خانه بهداشت در کیفیت یادگیری فراگیران دوره کاروزی بهداشت.*
- جشنواره آموزشی کشوری شهید مطهری (1393): *ارائه فرآیند آموزشی با عنوان: ارزیابی مشکلات اولویت دار سلامت گامی در ارتقای کیفیت آموزش دوره کاروزی بهداشت دانشجویان پزشکی.*
- همایش سراسری پرستاری دیابت (1389): بررسی شیوع تست غیر طبیعی چالش گلوکز در زنان مراجعه کننده به مراکز بهداشتی درمانی زابل در سال 1389 .
- هفتمین کنگره بین المللی بیماریهای ریوی، مراقبتهای ویژه و سل و بیست و چهارمین کنگره سراسری سل مهرماه 1394 (تخمین خطر سالانه عفونت و بیماری سل در جنوب شرقی ایران).
- THE PREVALENCE OF HUMAN PAPILLOMA VIRUS AND ITS HIGH RISK GENOTYPES AMONG IRANIAN HEALTHY WOMEN: A SYSTEMATIC REVIEW AND META-ANALYSIS (BMJ open).
- Impacts of dispersion of fine-grained sedimentary in civilians' health in human ecosystems of Sistan- East Iran. (4 th YES congress)